



NEWS RELEASE

City of La Palma
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FOR IMMEDIATE RELEASE

Pre-Registration Entry Fees for La Palma's Fitness Run for Fun to Increase June 1

LA PALMA, Calif. – Start your Fourth of July off with the 40th La Palma Fitness Run for Fun which will be held on Monday, July 4, 2022, starting at 7:30 a.m. near La Palma's Central Park, 7821 Walker Street. This event features a competitive 5K Run, 10K Run, and a competitive 5K Walk – one of the few in Southern California. Parents can also introduce their children to the joy of running in the non-competitive Yankee Doodle Dash for participants' ages 2 to 12 years old. Yankee Doodle Dash runners will receive an official race bib and a participation medal.



You benefit by registering early! Register before May 31 for only \$32 or before June 30 for \$37, by registering online you will receive a commemorative race shirt (excludes the Yankee Doodle Dash participants) and all runners finishing the race will receive a finisher medal!

For more information, including pricing and to register, please visit: www.cityoflapalma.org/run or call (714) 690-3350.

About the City of La Palma

Ranked by Money Magazine in 2007, 2011, 2013, and 2015 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of 15,581 residents and approximately 300 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 53 full-time and 35 part-time employees.

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