



CITY OF LA PALMA

NEWS RELEASE

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For Immediate Release
April 1, 2019

La Palma's Fitness Run For Fun Registration Opens April 1st

LA PALMA, Calif. – Start your Fourth of July off with the 39th Annual *La Palma Fitness Run For Fun*, which will be held on Thursday, July 4, 2019, starting at 7:30 a.m. near La Palma's Central Park (7821 Walker Street). This event features a competitive 5K Run, 10K Run, and a competitive 5K Walk – one of the few in Southern California. Parents can also introduce their children (age 2-12) to the joys of running in the non-competitive Yankee Doodle Dash. Yankee Doodle Dash runners will receive an official race bib and a participation medal.



You benefit by registering early! Register before April 30 for \$27, by May 31 for \$32, or June 30 for \$37. Participants will also receive a commemorative race shirt (excludes the Yankee Doodle Dash participants) by registering early. At the awards ceremony, the top three finishers in each category will be recognized with cash prizes given to the overall top male and female finishers in each race. All participants finishing the race will receive a finisher medal!

For more information, including pricing and registration, please visit: www.cityoflapalma.org/run or call (714) 690-3350.

The *La Palma Fitness Run For Fun* would not be possible without the City's Sponsors:

EDCO-Park Disposal

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Rutan & Tucker, LLP

About the City of La Palma

Ranked by Money Magazine in 2015, 2013, 2011, and 2007 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of over 15,568 residents and approximately 300 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 52 full-time and 35 part-time employees.

Contact Information

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