



CITY OF LA PALMA

NEWS RELEASE

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For Immediate Release
June 8, 2015

Register Now for the La Palma Fitness Run for Fun



LA PALMA, Calif. – Bring out your family, friends, and neighbors for La Palma's 35th Annual Fitness Run for Fun, Saturday, July 4, starting at 7:30 a.m., near La Palma's Central Park, 7821 Walker Street. This event features a competitive 5K Run, 10K Run, and 5K Walk - one of the few in Southern California. Parents can also introduce their children to the joy of running in the non-competitive Yankee Doodle Dash for participants' ages 2 to 12 years old. Yankee Doodle Dash runners receive an official race bib and a participation medal.

La Palma's Fitness Run for Fun events are a great and healthy way for families to start the Independence Day celebration! Preregistration is open, until June 30, at the City's website or in-person at the Community Services Department, 7821 Walker Street. Preregistration prices are as follows:

- \$29- Online Registration with a commemorative T-Shirt (credit card fees apply)**
- \$37- Mail/In-Person Entry Fee with T-Shirt
- \$32- Mail/In-Person Entry Fee Only (No T-Shirt)
- \$10- Yankee Doodle Dash for kids 12 and under
- \$5- Pancake Breakfast Tickets

For online registration or more information, please visit www.cityoflapalma.org/RunForFun or call (714) 690-3350. After June 30, prices go up and participants can only register on the day of the event, starting at 6:30 a.m.

The Run for Fun would not be possible without the generous support of the City's Corporate Connection Sponsors: La Palma Intercommunity Hospital, Rosendin Electric, EDCO-Park Disposal, and Rutan & Tucker, LLP.

As a reminder, the following streets will be fully closed or partially disrupted on Saturday, July 4, until approximately 9:30 a.m.:

- Moody Avenue, northbound (Crescent to Houston) starting at 5:00 a.m.
- Crescent Avenue, westbound (Moody to Walker) starting at 5:00 a.m.
- Walker Street (Crescent to Houston) starting at 6:30 a.m.
- Houston Avenue (Walker to Moody) starting at 7:00 a.m.
- Chartres Lane, Toulouse Drive and Orleans starting at 7:30 a.m.

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About the City of La Palma

Ranked by Money Magazine in 2007, 2011, and 2013 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of over 15,568 residents and approximately 300 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 52 full-time and 35 part-time employees.

Contact Information

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